

Before Your Treatment — Pre-Care Instructions

- Discontinue active ingredients — Stop retinol, tretinoin, AHAs, BHAs, benzoyl peroxide, and all exfoliating products for at least 48-72 hours before your treatment.
- Avoid sun exposure — Stay out of direct sun and avoid tanning beds for at least 48 hours prior to your appointment. PRX Derm Perfexion does not require the extended sun avoidance of ablative lasers, but sun-sensitized skin should be avoided.
- No waxing or other skin treatments — Avoid waxing, threading, dermaplaning, chemical peels, microneedling, and other laser or light-based treatments for at least one week beforehand.
- Arrive with a clean face — Come with no makeup, sunscreen, or skincare products on the day of your appointment.
- Stay well hydrated — Drink plenty of water in the days leading up to your appointment to support optimal skin condition and recovery.
- Avoid alcohol — Do not consume alcohol for at least 24 hours before your appointment as it increases skin sensitivity and inflammation.
- Disclose medications & conditions — Inform your provider of all medications, skin conditions, allergies, active breakouts, or recent cosmetic procedures. PRX Derm Perfexion contains trichloroacetic acid (TCA) and hydrogen peroxide — inform your provider if you have any known sensitivities. It is not recommended during pregnancy or breastfeeding.

After Your Treatment — Post-Care Instructions

- No peeling — and that is normal — Unlike traditional chemical peels, PRX Derm Perfexion is a non-peeling biorevitalization treatment. You should not expect visible peeling or significant downtime. The TCA in the formula stimulates collagen and skin renewal from within without causing surface exfoliation.
- Expect mild redness and warmth — Some redness, warmth, and mild tightness immediately after treatment are completely normal and typically resolve within a few hours to 24 hours.
- Moisturize with the post-treatment product — Your provider will apply a WiQo nourishing face cream or equivalent post-treatment moisturizer after the session. Continue applying this or a gentle, fragrance-free moisturizer at home as directed to support the skin barrier and enhance results.
- Apply SPF every day — Apply SPF 30-50 every morning without exception. While PRX Derm Perfexion has minimal downtime, the skin is still in an active regenerative state and must be protected from UV damage.
- Keep skin clean and calm — Gently cleanse with a mild, fragrance-free cleanser and avoid any harsh or active products on the skin for at least 48-72 hours post-treatment.
- Pause all active skincare — Hold off on retinol, AHAs, BHAs, vitamin C, and all exfoliants for at least 48-72 hours post-treatment, or until your provider advises it is safe to reintroduce.
- Avoid heat and sweat — Skip intense exercise, saunas, steam rooms, and hot showers for at least 24 hours after treatment to minimize redness and inflammation.
- Skip makeup for 12-24 hours — Allow the skin to settle and the active ingredients to work undisturbed before applying makeup.
- Stay hydrated — Drink plenty of water after treatment — PRX Derm Perfexion stimulates fibroblast activity and collagen production, and good hydration supports this regenerative process.
- Attend your full series of treatments — PRX Derm Perfexion delivers best results as a course of treatments, typically 4-6 sessions spaced 1-2 weeks apart. Each session builds on the last, progressively improving skin tone, firmness, hydration, and radiance.

Contact your provider immediately if you experience:

- Prolonged redness or irritation lasting more than 48 hours
- Signs of infection: increasing redness, warmth, pus, or fever
- Unexpected peeling, blistering, or skin breakdown
- New pigmentation changes or dark patches
- Any skin changes or symptoms that concern you during healing

One of PRX Derm Perfexion's biggest advantages is that it delivers deep skin biorevitalization — stimulating collagen, elastin, and hyaluronic acid production — with virtually no downtime and no visible peeling. Many clients notice an immediate glow and improved texture after just one session, with results continuing to build over the treatment course. It is an excellent option for those who want meaningful skin improvement without the recovery time of more aggressive treatments.